



# KGS School Uniform Policy

Revised August 2024

## **SCHOOL UNIFORMS: WHAT THEY ARE AND WHY THEY WORK**

Many parents, teachers, and leaders have come to see school uniforms as one positive and creative way to reduce disciplinary problems, increase a sense of belonging and establish a shared identity. Research shows that school uniforms support a safe and disciplined learning environment which is the first requirement of any good school.

### **PURPOSE:**

The purpose of the School Uniform Policy is to encourage our students to experience a greater sense of school identity and belonging, to value our extensive history and heritage, to encourage an improvement in student behavior, to reduce school clothing costs for parents, to encourage a high level of participation and to improve academic performance.

### **ANNUAL EVALUATION:**

In a continuing effort to measure the effectiveness of the School Uniform Policy, all stakeholders, including students will be consulted annually.

### **SCHOOL UNIFORM POLICY:**

In all sections, Karachi Grammar School (KGS) expects all students to adhere to the School Uniform Policy. In Kindergarten, the consequences are dealt with directly between the parents and the Head of Section. This document outlines the specific uniform requirements and clear guidelines to ensure students present themselves in a clean, neat, and appropriate manner, fostering a focused learning environment.

### **JUNIOR, MIDDLE AND COLLEGE SECTION RESOLUTIONS FOLLOWING A BREACH OF POLICY**

- First Occurrence – The child can be reminded of the rules and a communication home will be sent reinforcing the uniform policy and providing a digital copy to parents.
- **Second Occurrence – A call may be made to the parent asking them to bring in the correct uniform. The student receives a detention from the respective Head of Year/Head of House. Again, a communication home will be sent reinforcing the uniform policy and providing a digital copy to parents.**
- Third Occurrence – Parent will be notified to pick up their child from school and return them to school, once they are in appropriate school uniform. Upon their return, parents are met by the Head of Section and provided a digital copy of the Uniform Policy that they will then sign for. The child receives a detention with the Head of Section.
- **Fourth Occurrence – This is considered consistent defiance of school rules. Parents are notified and summoned to a meeting with the Principal. As the above sanctions and meetings have not resolved the issue, further serious sanctions will be considered and can include, amongst others, suspension and permanent exclusion.**

**SCHOOL UNIFORM:**

**Regular School Days**

Category	Girls	Boys
Uniform	<p><b>College &amp; Middle Section:</b>                      Grey knee-length kameez (sleeves six inches or more), plain white shalwar and plain white dupatta.                      Girls who wear hijabs may opt for a white hijab, and in this case, the white dupatta becomes optional.</p> <p><b>Junior Section:</b>                      White short-sleeved school shirt                      Grey skirt - The length of the skirt must be at least one / two inches below the knees.                      House badges must be worn every day.                      Ties are to be worn at formal school events.</p>	<p><b>College &amp; Middle Section:</b>                      White shirt (short sleeves from March 1 to November 14 and long sleeves from November 15 until the end of February) with grey trousers and black belt.</p> <p><b>Junior Section:</b>                      White short-sleeved school shirt                      Knee length grey shorts                      House badges must be worn every day.                      Ties are to be worn at formal school events.</p>
Footwear	<p><b>College &amp; Middle Section:</b>                      Black flat-heeled shoes with white socks.                      Ankle socks are not to be worn.</p> <p><b>Junior Section:</b>                      Black shoes with straps.                      White socks (calf length).                      For Year VI, black shoes without straps are permitted.</p>	<p><b>College &amp; Middle Section:</b>                      Black shoes with black/grey socks.                      Ankle socks are not to be worn.</p> <p><b>Junior Section:</b>                      Black shoes with black/grey socks.                      Ankle socks are not to be worn.</p>

## Winter School Days

Category	Girls	Boys
Winter 15 November – end of February	<p><b>College &amp; Middle Section:</b>            Navy blue blazer or plain grey sweater/cardigan (long sleeves, no hood). This is worn over the regular school day uniform.</p> <p><b>Junior Section:</b>            School tie            White blouse, grey skirt (2 inches below the knee)            Navy blue blazer or plain grey cardigan/sweater            White leggings or white socks (calf length).            House badges must be worn every day.</p> <p>During an occasional cold winter spell, girls will be permitted to wear plain grey or black tracksuit trousers, as announced by the school.            House badges must be worn every day.            Ties and badges are issued through the school Book Store.</p>	<p><b>College &amp; Middle Section:</b>            Navy blue blazer or plain grey sweater/cardigan (long sleeves, no hood).            White full-sleeved shirt with School tie.            Plain white T-shirts may be worn under shirts.</p> <p><b>Junior Section:</b>            School Tie            White short-sleeved shirt.            Grey shorts / grey trousers            Navy blue blazer or plain grey cardigan/sweater            Grey socks (calf length)  <u>Ankle socks are not to be worn.</u>            House badges must be worn every day.</p> <p>During an occasional cold winter spell, boys will be permitted to wear plain grey or black tracksuit trousers, as announced by the school.            House badges must be worn every day.            Ties and badges are issued through the school Book Store.</p>

## School Day with P.E. Lessons

Requirements
<p><b>College &amp; Middle Section</b></p> <ul style="list-style-type: none"><li>• Students can wear the P.E. uniform only on the day they have P.E. lessons. Clean clothes for them to change into should be supplied.</li><li>• Relevant House T-shirts (available at the school store), plain black tracksuit and <u>black or white trainers</u>. A black hijab is optional.</li><li>• Tights or shorts are not allowed.</li><li>• Students who prefer longer sleeves may add extension sleeves under their P.E. uniform, which can be black or white in color.</li><li>• Swimwear should be appropriate for a school setting and where possible plain black/dark in colour.</li></ul> <p><b>Junior Section:</b></p> <ul style="list-style-type: none"><li>• White shorts for PE / black tracksuit trousers for Martial Arts. White socks and trainers.</li><li>• Swimwear should be appropriate for a school setting and where possible plain black/dark in colour.</li></ul>

## Non-Uniform Days Policy

Guidelines
<p>On designated non-uniform days and special events such as celebrations e.g. Independence Day, Seerat-un-Nabi Program), Society events, Glamping beach trips, bonfires, farewell dinner, and outside city trips, all clothing choices must remain appropriate and respectful. The following guidelines apply:</p> <ul style="list-style-type: none"><li>• Modest attire reflecting the occasion and location.</li><li>• Clothing should be modest, respectful, and suitable for a school environment.</li><li>• Sleeveless attire, including tank tops and spaghetti straps are not permitted.</li><li>• Language, symbols, or images on clothing are strictly prohibited.</li><li>• Revealing or excessively tight clothing is not permitted.</li><li>• Footwear should be safe and suitable for the activities planned.</li><li>• Students must still adhere to grooming standards outlined in the uniform policy.</li></ul> <p>Non-uniform days and special events are intended to promote a sense of community and allow for self-expression within the boundaries of respect and decency. Any violations of the non-uniform days policy will be subject to disciplinary action.</p>

## **House Uniform Fridays**

### **College & Middle Section:**

On the last Friday of each month, students have the privilege to wear their House Uniform instead of the regular school uniform. This initiative, is implemented to foster House and School spirit and encourage participation in House assemblies. By allowing students to wear their House uniforms, we aim to promote a sense of belonging and pride in their respective Houses. This also provides practical benefits, as Fridays typically involve physical activities related to House assemblies and other events.

The House uniform includes: - Relevant House T-shirts (available at the school store). - Plain black tracksuit trousers or appropriate athletic pants. - Trainers or athletic shoes.

### **Junior Section:**

Every Friday, (as it coincides with PE lessons): House T-Shirt with white shorts and white socks and P.E shoes, for both girls & boys. In winter, black plain black tracksuit trousers can replace white shorts.

### **WEARING OF JEWELRY:**

KGS is a place of study and work. Except studs or small simple earrings, jewelry is not to be worn. It may cause injury and has the potential to be damaged, lost or stolen.

#### **Earrings**

Our expectations are only one set of ear studs or earrings (one in each ear). In exceptional circumstances students can request two sets of studs. The request must be submitted to the head of each section.

#### **Necklaces**

Religious necklaces may be worn and must be worn inside clothing and not visible. No other jewelry to be worn. Students will be asked by teachers to remove jewelry.

### **HAIR GUIDELINES:**

Students' hair is to be clean, neat and tidy at all times. Hair longer than shoulder length is to be worn tied back as a health and safety measure. Ribbons, clips, bands, etc. are to be in school colours. Hair colouring, including bleaching as well as excessive or extreme styles is unacceptable (excessive or extreme as judged by school authorities). Parents are encouraged to contact the Head of Section if they are not clear on the expectations prior to cutting hair.

In Junior, Middle and College section boys hair should be short at the back and sides. The hair should not be longer than the collar and above the eyebrows.

**WEARING OF MAKE-UP:**

The wearing of make-up at KGS is not allowed. We are a place of work and so students should dress as such. Coloured nail varnish and false nails are not allowed. No false, acrylic, gel or shellac nails. No false eyelashes. Students will be asked by teachers to remove inappropriate make-up.

We would ask all parents to support us by checking that:

- Your child comes to school with the correct uniform.
- They have sufficient changes of clothing to ensure that they are clean and well presented at all times.
- They are aware of the rules on appearance, including make-up, jewelry and hairstyles.

**COMMUNITY ENGAGEMENT:**

At Karachi Grammar School, we value the input and participation of our school community in shaping our policies. Therefore, we actively seek feedback and engage stakeholders in the development and review of our uniform policy. This includes:

- **Annual Surveys and Consultations:**  
Conducting surveys and consultations with students, teachers, and heads of departments at the end of each year to gather feedback on the uniform policy.
- **Representation and Collaboration:**  
Providing opportunities for representatives from the student body, teaching staff, department heads, and relevant committees or councils to participate in policy review meetings and collaborate in aligning the uniform policy with the values and goals of the school community.
- **Communication Channels:**  
Maintaining transparent communication channels for sharing updates and revisions to the uniform policy with the school community.

By fostering a culture of inclusivity and collaboration, we aim to create a uniform policy that reflects the diverse perspectives and preferences of our school community while upholding our standards of excellence. It is recognized that there may be KGS students with particular temporary or permanent needs that require a flexible and understanding approach. Parental and student concerns about exceptions to the policy are always heard by the Heads of Sections.